

# An evaluation of the biologic activity and vitamin D receptor binding affinity of the photoisomers of vitamin D<sub>3</sub> and previtamin D<sub>3</sub>

Tai C. Chen, Kelly S. Persons, Zhiren Lu, Jeffrey S. Mathieu, and Michael F. Holick

Vitamin D, Skin and Bone Research Laboratory, Endocrine Section, Department of Medicine, Boston University Medical Center, Boston, MA USA

*Skin is the site of previtamin D<sub>3</sub> and vitamin D<sub>3</sub> synthesis and their isomerization in response to ultraviolet irradiation. At present, little is known about the function of the photoisomers of previtamin D<sub>3</sub> and vitamin D<sub>3</sub> in skin cells. In this study we investigated the antiproliferative activity of the major photoisomers and their metabolites in cultured human keratinocytes by determining their influence on <sup>3</sup>H-thymidine incorporation into DNA. Our results demonstrated that vitamin D<sub>3</sub> and 25-hydroxytachysterol<sub>3</sub> were effective in inhibiting <sup>3</sup>H-thymidine incorporation at both 10<sup>-8</sup> and 10<sup>-6</sup> M in a dose-dependent manner. Lumisterol, tachysterol<sub>3</sub>, 5,6-trans-vitamin D<sub>3</sub>, and 25-hydroxy-5,6-transvitamin D<sub>3</sub> only induced significant inhibition at 10<sup>-6</sup> M. 25-Hydroxytachysterol<sub>3</sub> was approximately 10- to 100-fold more active than tachysterol<sub>3</sub>. 7-Dehydrocholesterol was not active even at 10<sup>-6</sup> M. The dissociation constants of vitamin D receptor (VDR) for 25-hydroxytachysterol<sub>3</sub>, 25-hydroxy-5,6-trans-vitamin D<sub>3</sub>, and 5,6-trans-vitamin D<sub>3</sub> were 22, 58, and 560 nM, respectively. The dissociation constants for 7-dehydrocholesterol, tachysterol, and lumisterol were greater than 20 μM. In conclusion, vitamin D<sub>3</sub>, its photoisomers, and the photoisomers of previtamin D<sub>3</sub> have antiproliferative activity in cultured human keratinocytes. However, the antiproliferative activity did not correlate with their binding affinity for VDR. The results suggest that some of the photoproducts may be metabolized to their 25-hydroxylated and 1α,25-dihydroxylated counterparts before acting on VDR. Alternatively, a different receptor may recognize these photoproducts or another mechanism may be involved in modulating the antiproliferative activity of the photoisomers examined. (J. Nutr. Biochem. 11:267–272, 2000) © Elsevier Science Inc. 2000. All rights reserved.*

**Keywords:** skin; keratinocytes; thymidine incorporation; antiproliferation

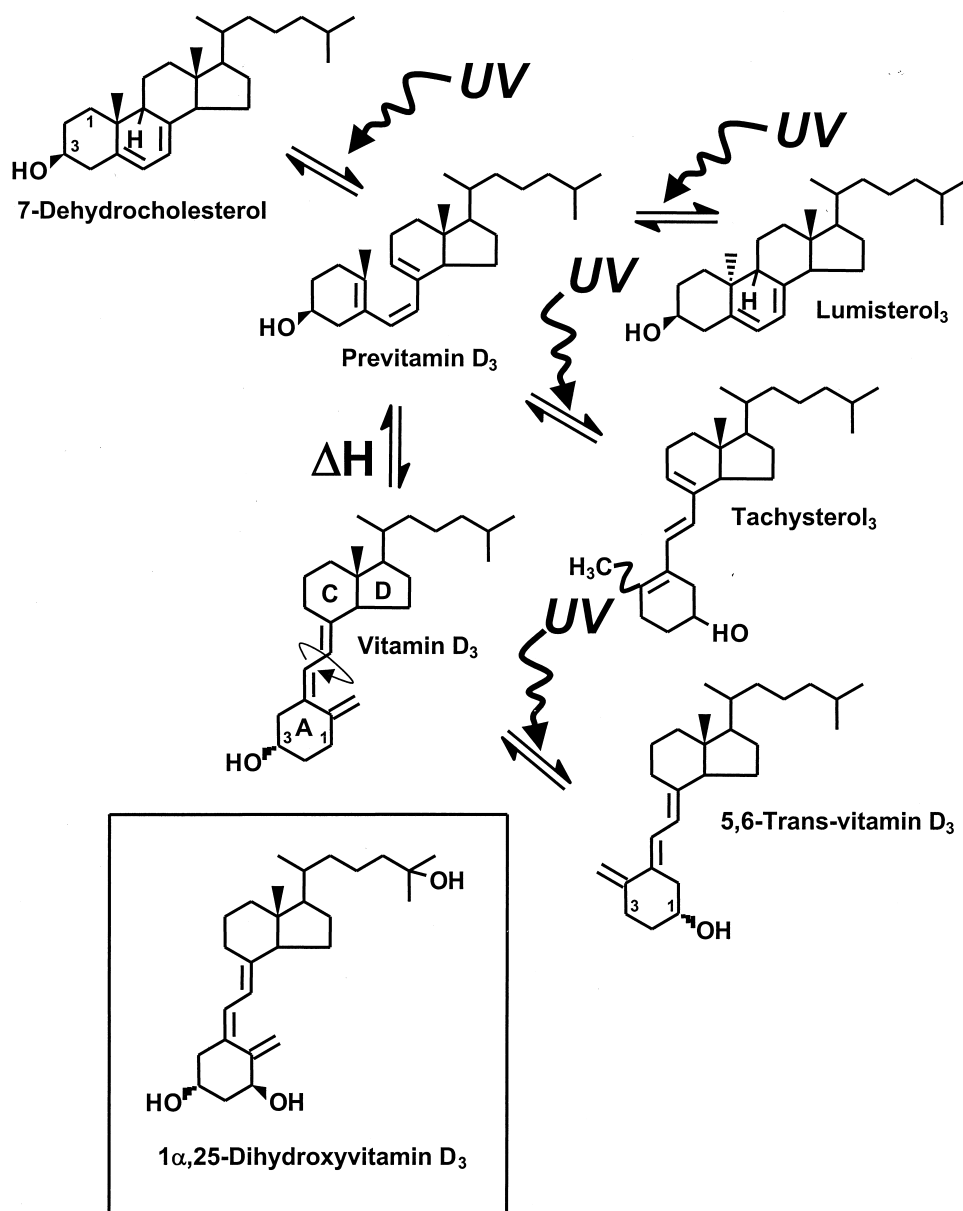
## Introduction

Vitamin D is absolutely essential for the maintenance of calcium homeostasis and for the development and maintenance of healthy bones in animals.<sup>1</sup> There are two major sources of vitamin D; one is diet and the other is the cutaneous synthesis. However, because vitamin D is rare in foods, it is casual exposure to sunlight that is responsible for

providing humans with most of their vitamin D requirement. During exposure to sunlight, the ultraviolet B (UVB) portion of the solar spectrum (295–315 nm) causes the photolysis of epidermal stores of 7-dehydrocholesterol (7-DHC) to previtamin D<sub>3</sub>. Previtamin D<sub>3</sub> then thermoisomerizes to vitamin D<sub>3</sub>, a process that is facilitated by the lipid-membrane environment.<sup>2</sup> After vitamin D<sub>3</sub> is made in the skin or ingested in the diet, it must be hydroxylated at carbon positions 25 and 1 in the liver and kidney, respectively, to form 1α,25-dihydroxyvitamin D<sub>3</sub> [1α,25(OH)<sub>2</sub>D<sub>3</sub>], the active form of vitamin D<sub>3</sub>. 1α,25(OH)<sub>2</sub>D<sub>3</sub> is responsible for promoting intestinal calcium absorption and the mobilization of calcium from bone for the purpose of

---

Address correspondence to Dr. Tai C. Chen, Room M-1022, Boston University Medical Center, 80 E. Concord St., Boston, MA 02118 USA. Received December 17, 1999; accepted February 11, 2000.



**Figure 1** Structures of vitamin D<sub>3</sub> and its related compounds

maintaining a normal level of serum calcium. During the past 20 years, it has been recognized that 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> also can influence a variety of other biologic processes through its vitamin D receptor (VDR) in tissues other than those that regulate calcium metabolism, including skin. In cultured human keratinocytes, 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> inhibited basal cell proliferation and stimulated differentiation to form the cornified envelope.<sup>3-5</sup>

During chronic exposure to sunlight, both previtamin D<sub>3</sub> and vitamin D<sub>3</sub> in the skin can be photoisomerized to a variety of photoproducts, including 5,6-trans-vitamin D<sub>3</sub>, tachysterol, and lumisterol.<sup>6,7</sup> Because the concentrations of these photoproducts in skin cells are likely to be very high, it is possible that some of these photoproducts may have direct biologic properties on skin cells. Because tachysterol and 5,6-trans-vitamin D<sub>3</sub>, which are

photoproducts of previtamin D<sub>3</sub> and vitamin D<sub>3</sub>, respectively, have a pseudo-1- $\alpha$ -hydroxyl structure due to the 180-degree rotation of the 3-hydroxyl group during isomerization (Figure 1), it is possible that these analogs may act like 1 $\alpha$ ,25(OH)<sub>2</sub>D in the epidermis. It has been previously reported that 5,6-trans-vitamin D<sub>3</sub> and tachysterol can mimic the intestinal calcium transport activity of 1 $\alpha$ ,25(OH)<sub>2</sub>D in anephric rats and that their 25-hydroxy derivatives were more active in the same assay system.<sup>8</sup> Therefore, we evaluated the potential antiproliferative activity of the major photoproducts of previtamin D<sub>3</sub> and vitamin D<sub>3</sub> by determining their effects on <sup>3</sup>H-thymidine incorporation into cultured normal human keratinocytes and compared the antiproliferative activity with their binding to VDR using a calf thymus cytosol receptor preparation.

## Methods and materials

### Cell cultures

Normal human keratinocytes were obtained from neonatal foreskins as described previously.<sup>4,9</sup> Keratinocytes were plated and grown on lethally irradiated 3T3 fibroblast feeder layer in a serum-free basal medium supplemented with amino acids and growth factors as previously described.<sup>10</sup>

### <sup>3</sup>H-Thymidine incorporation

When the second-passage cells grown on 24-well plates reached approximately 40% confluency, they were fed with basal MCDB-153 medium supplemented with amino acids without growth factors.<sup>10</sup> Two days later, cells were incubated with epidermal growth factor (EGF; 25 ng/mL) and with or without  $1\alpha,25(\text{OH})_2\text{D}_3$ , vitamin  $\text{D}_3$ , 7-DHC, and photoisomers of vitamin  $\text{D}_3$  and previtamin  $\text{D}_3$  ( $10^{-10}$ ,  $10^{-8}$ , and  $10^{-6}$  M), as indicated in the figure legends. Eighteen hours later, the medium was replaced with 0.5 mL of fresh basal medium containing 1  $\mu\text{Ci}$  of [methyl-<sup>3</sup>H]thymidine and incubated at 37°C for 3 hr. <sup>3</sup>H-Thymidine incorporation into DNA was stopped by placing the 24-well plates on ice; unincorporated <sup>3</sup>H-thymidine was removed and the cells were washed three times with ice-cold phosphate-buffered saline. DNA labeled with <sup>3</sup>H-thymidine was extracted by the perchloric acid method, as described previously.<sup>4</sup>

### Receptor binding assay

The binding of vitamin  $\text{D}_3$  and the photoisomers of previtamin  $\text{D}_3$  and vitamin  $\text{D}_3$  to VDR was performed using a nonequilibrium binding assay in which calf thymus  $1\alpha,25(\text{OH})_2\text{D}$  receptor was used.<sup>11</sup> The procedures for the determination of binding affinity for calf thymus  $1\alpha,25(\text{OH})_2\text{D}$  receptor have been described in detail elsewhere.<sup>12</sup> The  $K_d$  was defined as the concentration at which it caused a 50% reduction in the binding of <sup>3</sup>H-labeled  $1\alpha,25(\text{OH})_2\text{D}_3$  to thymus receptor.

### Synthesis of photoisomers

Tachysterol<sub>3</sub> was prepared by irradiating 7-DHC solution in methanol (50  $\mu\text{g}/\text{mL}$ ) in a quartz tube placed on ice at 254 nm using a monochromatic light source (Oriol Corp., Stamford, CT USA) for 9 min. The irradiated solution was dried under a stream of nitrogen gas and redissolved in 200  $\mu\text{L}$  of 1.2% 2-propanol in n-hexane. The solution was then applied to a high performance liquid chromatography (HPLC; Waters Associates, Milford, MA USA) using a preparative Econosphere silica column (10  $\mu$  particle size, 250  $\times$  10 mm; Alltech Associates, Deerfield, IL USA) with a mobile phase of 1.2% 2-propanol in n-hexane and a flow rate of 2 mL/min. The fraction containing tachysterol<sub>3</sub> was dried under a stream of nitrogen gas, redissolved in 0.1% 2-propanol in n-hexane, and applied to HPLC using SB-CN column (250  $\times$  4.6 mm; MAC MOD Analytical Inc., Chaddsford, PA USA) with a mobile phase of 0.1% 2-propanol in n-hexane and a flow rate of 1 mL/min. The fraction containing the purified tachysterol<sub>3</sub> was dried under a stream of nitrogen gas and redissolved in 100% ethanol, and its quantity was determined. The ultraviolet (UV) absorption spectrum showed  $\lambda_{\text{max}}$  of 279 nm. The yield was approximately 50%. 25-Hydroxytachysterol<sub>3</sub> [25(OH)tachysterol<sub>3</sub>] was synthesized from 25-hydroxy-7-DHC by a procedure similar to that used for tachysterol<sub>3</sub>. Lumisterol<sub>3</sub> was prepared by exposing 7-DHC solution in methanol (400  $\mu\text{g}/\text{mL}$ ) in a quartz tube to a UVB light box (National Biological Corp., Cleveland, OH USA) containing FS-40 fluorescent tubes with a spectral output of 280 nm for 30 min at room temperature. The exposed solution was dried under a stream of

argon gas. The residue was redissolved in an aliquot of 0.5% 2-propanol in n-hexane and applied to HPLC using an Econosphere Sil silica column (5  $\mu$ , 250  $\times$  4.6 mm; Alltech Associates) with a flow rate of 1.6 mL/min. The fraction containing lumisterol<sub>3</sub> was dried and redissolved in 100% ethanol. The UV absorption spectrum and the concentration were determined using a Perkin-Elmer 552A spectrophotometer (Norwalk, CT USA). The yield was approximately 40%. 5,6-Trans-vitamin  $\text{D}_3$  and 25-hydroxy-5,6-transvitamin  $\text{D}_3$  were prepared from vitamin  $\text{D}_3$  and 25-hydroxyvitamin  $\text{D}_3$  [25(OH) $\text{D}_3$ ], respectively, as previously described.<sup>8</sup>

### Materials

Crystalline 7-DHC was obtained from Salsburg Laboratories Inc. (Charles City, IA USA) and vitamin  $\text{D}_3$  was purchased from Sigma Chemical Co. (St. Louis, MO USA). 25-Hydroxy-7-DHC and  $1\alpha,25(\text{OH})_2\text{D}_3$  were gifts from Dr. R. Gray of Amoco BioProducts Corporation (Naperville, IL USA) and Dr. M. Uskokovic of Hoffmann-La Roche Inc. (Nutley, NJ USA), respectively. Tissue culture media, insulin, hydrocortisone, and prostaglandin  $\text{E}_1$  were obtained from Sigma Chemical Co. Human recombinant EGF was purchased from PeptoTech (Rock Hill, NJ USA). <sup>3</sup>H-Thymidine (specific activity, 72.5 Ci/mmol) was purchased from New England Nuclear (Boston, MA USA). <sup>3</sup>H- $1\alpha,25(\text{OH})_2\text{D}_3$  [ $1\alpha,25$ -dihydroxy(26,27-methyl-<sup>3</sup>H)cholecalciferol] with a specific activity of 180 Ci/mmol (TRK 656) was obtained from Amersham (Arlington Heights, IL USA).

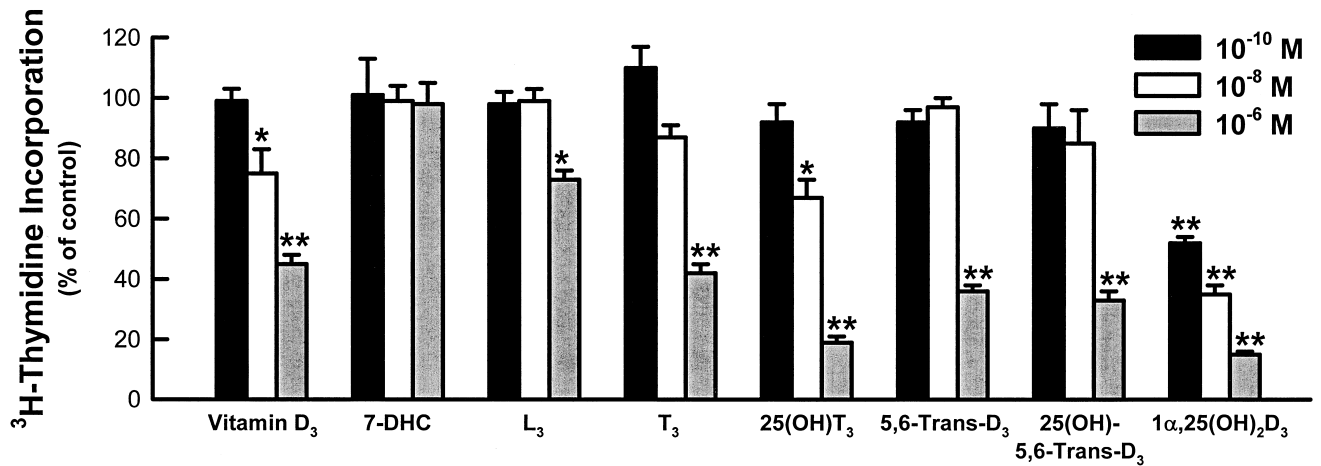
### Statistics

Results are reported as mean  $\pm$  SEM, and the unpaired Student's *t*-test was used to calculate *P*-values.

## Results

Figure 2 demonstrates that  $1\alpha,25(\text{OH})_2\text{D}_3$  was highly effective in inhibiting <sup>3</sup>H-thymidine incorporation in a dose-dependent manner as reported previously.<sup>10</sup> At concentrations of  $10^{-10}$ ,  $10^{-8}$ , and  $10^{-6}$  M,  $1\alpha,25(\text{OH})_2\text{D}_3$  caused a  $48 \pm 2$ ,  $65 \pm 3$ , and  $85 \pm 1\%$  inhibition, respectively, in <sup>3</sup>H-thymidine incorporation compared with the control. Lumisterol<sub>3</sub>, tachysterol<sub>3</sub>, 5,6-trans-vitamin  $\text{D}_3$ , and 25(OH)5,6-trans-vitamin  $\text{D}_3$  at either  $10^{-10}$  or  $10^{-8}$  M did not cause any significant inhibition in <sup>3</sup>H-thymidine incorporation. Only at  $10^{-6}$  M did lumisterol<sub>3</sub>, tachysterol<sub>3</sub>, 5,6-trans-vitamin  $\text{D}_3$ , and 25(OH)5,6-trans-vitamin  $\text{D}_3$  induce a  $27 \pm 3$  ( $P < 0.01$ ),  $58 \pm 3$  ( $P < 0.001$ ),  $64 \pm 2$  ( $P < 0.001$ ), and  $67 \pm 3\%$  ( $P < 0.001$ ) inhibition, respectively. On the other hand, vitamin  $\text{D}_3$  and 25(OH)tachysterol<sub>3</sub> were active in inhibiting <sup>3</sup>H-thymidine incorporation at both  $10^{-8}$  and  $10^{-6}$  M in a dose-dependent manner, with no significant inhibitory effect found at  $10^{-10}$  M. Vitamin  $\text{D}_3$  caused a  $25 \pm 8$  ( $P < 0.01$ ) and  $55 \pm 3\%$  ( $P < 0.001$ ) inhibition at  $10^{-8}$  and  $10^{-6}$  M, respectively; 25(OH)tachysterol<sub>3</sub> induced a  $33 \pm 6$  ( $P < 0.01$ ) and  $81 \pm 2\%$  ( $P < 0.001$ ) inhibition at  $10^{-8}$  and  $10^{-6}$  M, respectively. 25(OH)Tachysterol was approximately 10- to 100-fold more active than tachysterol and vitamin  $\text{D}_3$  in this respect. There was no inhibition in <sup>3</sup>H-thymidine incorporation induced by 7-DHC at doses ranging from  $10^{-10}$  to  $10^{-6}$  M.

Because the biologic activity of  $1\alpha,25(\text{OH})_2\text{D}_3$  is believed to be mediated by VDR, we next determined the binding affinity of  $1\alpha,25(\text{OH})_2\text{D}_3$ , vitamin  $\text{D}_3$ , and selected



**Figure 2** Dose-dependent inhibition of <sup>3</sup>H-thymidine incorporation into keratinocytes in the presence of vitamin D<sub>3</sub> and its related compounds. After keratinocytes were fed with basal medium without growth factors for 2 days, cells were incubated with fresh basal medium containing 25 ng/mL of epiderman growth factor (EGF) and 0, 10<sup>-10</sup>, 10<sup>-8</sup>, or 10<sup>-6</sup> M of vitamin D<sub>3</sub> or its related compounds for 18 hr at 37°C. At the end of incubation period, <sup>3</sup>H-thymidine incorporation was performed. The results are presented as the percent of control in the absence of test compounds. Each value is the mean ± SEM of six to eight determinations. \*P < 0.01, \*\*P < 0.001 compared with respective controls. 7-DHC, 7-dehydrocholesterol; L<sub>3</sub>, lumisterol<sub>3</sub>; T<sub>3</sub>, tachysterol<sub>3</sub>; 25(OH)T<sub>3</sub>, 25-hydroxytachysterol<sub>3</sub>; 5,6-trans-D<sub>3</sub>, 5,6-trans-vitamin D<sub>3</sub>; 25(OH)5,6-trans-D<sub>3</sub>, 25-hydroxy-5,6-trans-vitamin D<sub>3</sub>; 1α,25(OH)<sub>2</sub>D<sub>3</sub>, 1α,25-dihydroxyvitamin D<sub>3</sub>.

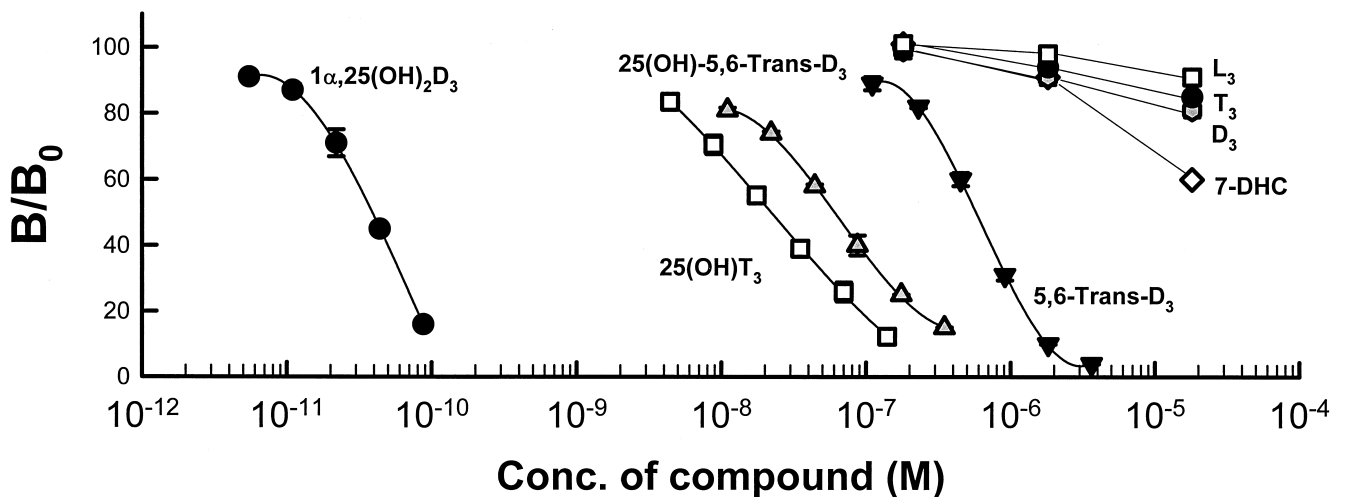
photoisomers of vitamin D<sub>3</sub> and previtamin D<sub>3</sub> to VDR using a calf thymus cytosol preparation (Figure 3). The K<sub>d</sub>s for VDR were 3.8 pM, 22 nM, 58 nM, and 560 nM for 1α,25(OH)<sub>2</sub>D<sub>3</sub>, 25(OH)tachysterol<sub>3</sub>, 25(OH)trans-vitamin D<sub>3</sub>, and 5,6-trans-vitamin D<sub>3</sub>, respectively. The K<sub>d</sub>s for 7-DHC, vitamin D<sub>3</sub>, tachysterol<sub>3</sub>, and lumisterol<sub>3</sub> were all greater than 20 μM with the following order of decreasing binding affinity: 7-DHC > vitamin D<sub>3</sub> > tachysterol<sub>3</sub> > lumisterol<sub>3</sub>.

**Discussion**

Our results demonstrate that vitamin D<sub>3</sub> itself and some of the photoisomers of vitamin D<sub>3</sub> and previtamin D<sub>3</sub> including tachysterol<sub>3</sub>, 5,6-trans-vitamin D<sub>3</sub>, and their 25-hy-

droxylated metabolites are active in inhibiting <sup>3</sup>H-thymidine incorporation into cultured normal human keratinocytes (Figure 2). The activity found for vitamin D<sub>3</sub> could be attributed to its metabolism to 1α,25(OH)<sub>2</sub>D<sub>3</sub> in cultured keratinocytes, which have been shown to possess both vitamin D-25-hydroxylase and 25(OH)D-1α-hydroxylase activities.<sup>13-15</sup> The recent demonstraton of vitamin D-25-hydroxylase activity in keratinocytes suggests that the photoisomers of previtamin D<sub>3</sub>, such as tachysterol<sub>3</sub>, may be substrates for this enzyme and be hydroxylated to 25(OH)tachysterol<sub>3</sub>, which is a pseudo-1α,25(OH)<sub>2</sub>D<sub>3</sub> analog. Thus, 25(OH)tachysterol<sub>3</sub> could be recognized by the VDR in keratinocytes and cause a direct biologic response.

The antiproliferative activity of the photoisomers did not correlate with their binding affinity for VDR (Figure 3). For



**Figure 3.** Competition for <sup>3</sup>H-1α,25(OH)<sub>2</sub>D<sub>3</sub> binding to the thymus 1α,25(OH)<sub>2</sub>D receptor by nonradioactive 1α,25(OH)<sub>2</sub>D<sub>3</sub>, vitamin D<sub>3</sub>, and vitamin D<sub>3</sub>-related compounds. 1α,25(OH)<sub>2</sub>D<sub>3</sub>, 1α,25-dihydroxyvitamin D<sub>3</sub>; 25(OH)5,6-trans-D<sub>3</sub>, 25-hydroxy-5,6-trans-vitamin D<sub>3</sub>; 25(OH)T<sub>3</sub>, 25-hydroxytachysterol<sub>3</sub>; 5,6-trans-D<sub>3</sub>, 5,6-trans-vitamin D<sub>3</sub>; 7-DHC, 7-dehydrocholesterol; L<sub>3</sub>, lumisterol<sub>3</sub>; T<sub>3</sub>, tachysterol<sub>3</sub>.



example, the binding affinity of 25(OH)tachysterol<sub>3</sub> to calf thymus VDR was at least 1,000-fold higher than that between the receptor and tachysterol<sub>3</sub> and yet only a 10-fold difference in their antiproliferative activity was found. Likewise, although 25(OH)5,6-trans-vitamin D<sub>3</sub> and 5,6-trans-vitamin D<sub>3</sub> bound to thymus VDR with a 10-fold difference in binding affinity, both compounds were only active in inhibiting keratinocyte proliferation at 10<sup>-6</sup> M. Furthermore, 7-DHC bound to thymus VDR better than tachysterol<sub>3</sub>, yet tachysterol<sub>3</sub> had much higher antiproliferative activity than did 7-DHC.

There are several possible explanations for the discrepancy between the antiproliferative activity and VDR binding affinity. First, it is possible that VDR might be different among different species or different tissues. Thus, the binding affinities of various photoproducts to calf thymus may not reflect the biologic activity in human skin. At the present time, there is no evidence to support this.

Second, the effect of vitamin D<sub>3</sub>, 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub>, and the photoisomers of vitamin D<sub>3</sub> and previtamin D<sub>3</sub> on inhibiting keratinocyte proliferation may be mediated by a receptor other than the classic VDR.<sup>15</sup> Recent evidence suggests that different 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> receptor forms may be responsible for the signal transduction processes associated with genomic and nongenomic actions of 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub>. For example, 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> rapidly increases intracellular Ca<sup>2+</sup> in osteoblast-like cells (ROS 17/2.8) that lack VDR. The effect can be inhibited by its inactive epimer 1 $\beta$ ,25(OH)<sub>2</sub>D<sub>3</sub>, which does not displace 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> from VDR.<sup>16</sup> The rapid action of 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> on calcium transport was also observed in perfused duodena of normal chicks.<sup>17</sup> This non-nuclear action has been shown to be mediated by a plasma membrane receptor and not VDR.<sup>18</sup> Norman et al.<sup>18</sup> synthesized 1 $\alpha$ ,25(OH)<sub>2</sub>-9,14,19,19,19-pentadeuterio-pre-D<sub>3</sub> to investigate whether it had any biological activity. The presence of the deuterium atoms in the molecules of 1 $\alpha$ ,25(OH)<sub>2</sub>-9,14,19,19,19-pentadeuterio-pre-D<sub>3</sub> suppressed its isomerization from the previtamin to the vitamin form and thus functioned primarily as an analog of the 6-s-cis form of 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub>. They demonstrated that both nongenomic actions were equally responsive to 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> and 1 $\alpha$ ,25(OH)<sub>2</sub>-9,14,19,19,19-pentadeuterio-pre-D<sub>3</sub>, whereas 1 $\alpha$ ,25(OH)<sub>2</sub>-9,14,19,19,19-pentadeuterio-pre-D<sub>3</sub> was significantly less active than 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> in the genomic induction of osteocalcin gene.

Third, the biologic activity may be determined by the availability of receptors induced by different ligands. This possibility is supported by a recent report indicating that the antiproliferative and the differentiation effect of vitamin D analogues in skin is determined by the ability of the compounds to induce VDR transcription rather than the binding affinity for VDR only.<sup>19</sup>

Fourth, during the 18-hr incubation at 37°C, the putative 25-hydroxylase activity present in keratinocytes may metabolize 5,6-trans-vitamin D<sub>3</sub> and tachysterol<sub>3</sub> to 25(OH)5,6-trans-vitamin D<sub>3</sub> and 25(OH)tachysterol<sub>3</sub>, respectively. Therefore, the activity seen with the addition of 5,6-trans-vitamin D<sub>3</sub> or tachysterol<sub>3</sub> may be due in part to their 25-hydroxylated counterparts. It is also likely that 25-hydroxylated photoisomers, which were either added to

the incubation media or derived from the 25-hydroxylation of photoisomers during the incubation, may be further metabolized to their respective 1 $\alpha$ ,25-dihydroxylated compounds by the 1 $\alpha$ -hydroxylase present in keratinocytes,<sup>13</sup> which in turn acted on VDR to exert their biological activity. This possibility is strengthened by the observation that dihydrotachysterol, which has an A-ring orientation similar to that of tachysterol and 5,6-trans-vitamin D<sub>3</sub>, can be hydroxylated at the C-1 position to form 1 $\alpha$ ,25-dihydroxy-dihydrotachysterol and 1 $\beta$ ,25-dihydroxy-dihydrotachysterol in vivo.<sup>20</sup>

Thus, the present study suggests that sunlight is not only the major provider of vitamin D<sub>3</sub> for humans for maintaining calcium and phosphorus homeostasis, but also provides vitamin D<sub>3</sub> and photoproducts that may act directly to regulate epidermal proliferation. The amounts of vitamin D<sub>3</sub> and tachysterol<sub>3</sub> that can be made in the epidermal cell during solar irradiation are much higher than the picogram quantities of 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> that are exposed to the epidermis from the circulation. Thus, the results suggest the possibility that vitamin D<sub>3</sub> and some of the photoproducts of previtamin D<sub>3</sub>, such as tachysterol<sub>3</sub>, can regulate epidermal proliferation and differentiation under physiologic conditions.

UVB phototherapy has been used to treat psoriasis since 1925 when Goeckerman<sup>21</sup> observed the benefit of combined treatment using tar and UV light. New developments in phototechnology during the past decade have made UVB phototherapy alone emerge as a reasonably effective and fairly practical treatment for psoriasis.<sup>22</sup> The mechanisms of the therapeutic effect of UV radiation on psoriasis are not well understood.<sup>22</sup> Most hypotheses have focused on a direct effect of UV radiation on inhibiting DNA synthesis in the hyperproliferating cells. Alternatively, it has long been suspected that during UV radiation therapy some photoproducts that are produced were having therapeutic benefits.<sup>7</sup> Our present results strongly suggest that the formation of vitamin D<sub>3</sub> and previtamin D<sub>3</sub> photoisomers could be a major factor in the therapeutic benefit that UVB phototherapy provides for psoriasis.

## Acknowledgments

The work was supported in part by grants RO1-AR36963, RO1-DK43690, and MO1RR00533 from the National Institutes of Health and from a generous gift from California Tan Inc. and the Heliotherapy, Light and Skin Research Center. The authors would like to thank David Jackson for preparation of the graphics.

## References

- Holick, M.F. (1994). McCollum Award Lecture: Vitamin D – new horizons for the 21st century. *Am. J. Clin. Nutr.* **60**, 619–630
- Tian, X.Q., Chen, T.C., Matsuoka, L.Y., Wortsman, J., and Holick, M.F. (1993). Kinetic and thermodynamic studies of the conversion of previtamin D<sub>3</sub> to vitamin D<sub>3</sub> in human skin. *J. Biol. Chem.* **268**, 14888–14892
- Hosomi, J., Hosoi, J., Abe, E., Suda, T., and Kuroki, T. (1983). Regulation of terminal differentiation of cultured mouse epidermal cells by 1,25-dihydroxyvitamin D<sub>3</sub>. *Endocrinology* **113**, 1950–1957
- Smith, E.L., Walworth, N.C., and Holick, M.F. (1986). Effect of

- 1,25-dihydroxyvitamin D<sub>3</sub> on the morphologic and biochemical differentiation of cultured human epidermal keratinocytes grown in serum-free conditions. *J. Invest. Dermatol.* **86**, 709–714
- 5 Pillai, S. and Bikle, D.D. (1991). Role of intracellular-free calcium in the cornified envelope formation of keratinocytes: Differences in the mode of action of extracellular calcium and 1,25 dihydroxyvitamin D<sub>3</sub>. *J. Cell. Physiol.* **146**, 94–100
  - 6 Holick, M.F., MacLaughlin, J.A., and Doppelt, S.H. (1981). Regulation of cutaneous previtamin D<sub>3</sub> photosynthesis in human: Skin pigment is not an essential regulator. *Science* **211**, 590–593
  - 7 Webb, A.R., DeCosta, B.R., and Holick, M.F. (1989). Sunlight regulates the cutaneous production of vitamin D<sub>3</sub> by causing its photodegradation. *J. Clin. Endocrinol. Metab.* **68**, 882–887
  - 8 Holick, M.F., Garabedian, M., and DeLuca, H.F. (1972). 5,6-Trans isomers of cholecalciferol and 25-hydroxycholecalciferol. Substitutes for 1,25-dihydroxycholecalciferol in anephric animals. *Biochemistry* **11**, 2715–2719
  - 9 Rheinwald, J.G. and Green, H. (1975). Serial cultivation of strains of human epidermal keratinocytes: The formation of keratinizing colonies from single cells. *Cell* **6**, 331–344
  - 10 Chen, T.C., Persons, K., Liu, W.W., Chen, M.L., and Holick, M.F. (1995). The antiproliferative and differentiation activities of 1,25-dihydroxyvitamin D<sub>3</sub> are potentiated by epidermal growth factor and attenuated by insulin in cultured human keratinocytes. *J. Invest. Dermatol.* **104**, 113–117
  - 11 Reinhardt, T.A., Horst, R.L., Orf, J.W., and Hollis, B.W. (1984). A microassay for 1,25-dihydroxyvitamin D not requiring high performance liquid chromatography: Application to clinical studies. *J. Clin. Endocrinol. Metab.* **58**, 91–98
  - 12 Chen, T.C., Turner, A.K., and Holick, M.F. (1990). A method for the determination of the circulating concentration of 1,25-dihydroxyvitamin D. *J. Nutr. Biochem.* **1**, 320–327
  - 13 Bikle, D.D., Nemanic, M.K., Whitney, J.O., and Elias, P.W. (1986). Neonatal human foreskin keratinocytes produce 1,25-dihydroxyvitamin D<sub>3</sub>. *Biochemistry* **25**, 1545–1548.
  - 14 Rudolph, T., Lehmann, B., Pietzsch, J., Kampf, A., Wozel, G., and Meurer M. (1997). Normal human keratinocytes in organotypic culture metabolize vitamin D<sub>3</sub> to 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub>. Vitamin D: Chemistry, biology and clinical applications of the steroid hormone. (A.W. Norman, R. Bouillon, and M. Thomasset, eds.) *Proceedings of the 10th Workshop on Vitamin D*. (Strasbourg, France, May 24–29, 1997), pp. 581–582, University of California, Riverside, CA USA
  - 15 Lehmann, B., Pietzsch, J., Kampf, A., Wozel, G., and Meurer, M. (1997). Human HaCat keratinocytes metabolize 1 $\alpha$ -hydroxyvitamin D<sub>3</sub> and vitamin D<sub>3</sub> to 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub>. Vitamin D: Chemistry, biology and clinical applications of the steroid hormone. (A.W. Norman, R. Bouillon, and M. Thomasset, eds.) *Proceedings of the 10th Workshop on Vitamin D*. (Strasbourg, France, May 24–29, 1997), pp. 583–584, University of California, Riverside, CA USA
  - 16 Baran, D.T., Sorensen, A.M., Shalhoub, V., Owen, T., Stein, G., and Lian, J. (1992). The rapid nongenomic actions of 1,25-dihydroxyvitamin D<sub>3</sub> modulate the hormone-induced increments in osteocalcin gene transcription in osteoblast-like cells. *J. Cell. Biochem.* **50**, 124–129
  - 17 Nemere, I., Yoshimoto, Y., and Norman, A.W. (1981). Calcium transport in perfused duodena from normal chicks: Enhancement within fourteen minutes of exposure to 1,25-dihydroxyvitamin D<sub>3</sub>. *Endocrinology* **115**, 1476–1483
  - 18 Norman, A.W., Okamura, W.H., Farach-Carson, M.C., Allewaert, K., Branisteanu, D., Nemere, I., Muralidharan, K.R., and Bouillon, R. (1993). Structure-function studies of 1,25-dihydroxyvitamin D<sub>3</sub> and the vitamin D endocrine system: 1,25-dihydroxy-pentadeuterio-previtamin D<sub>3</sub> (as a 6-s-cis analog) stimulates nongenomic but not genomic biological responses. *J. Biol. Chem.* **268**, 13811–13819
  - 19 Hansen, C.M., Mathiasen, I.S., and Binderup, L. (1995). The anti-proliferative and the differentiation inducing effect of vitamin D analogues is not determined by the binding affinity for the vitamin D receptor alone. Clinical Oriented Symposium on Vitamin D: Actions and Application in Dermatology, European Society of Dermatological Research, April 27–29, 1995, Copenhagen, Denmark
  - 20 Qaw, F., Calverley, M.J., Schroeder, N.J., Trafford, D.J.H., Makin, H.L.J., and Jones, G. (1993). In vivo metabolism of the vitamin D analog, dihydrotachysterol: Evidence for formation of 1 $\alpha$ ,25- and 1 $\beta$ ,25-dihydroxy-dihydrotachysterol metabolites and studies of their biological activity. *J. Biol. Chem.* **268**, 282–292
  - 21 Goeckerman, W.H. (1925) The treatment of psoriasis. *Northwest Med.* **24**, 229
  - 22 Gonzalez, E. and Parrish, J.A. (1991). Ultraviolet phototherapy. In *Psoriasis*, 2nd ed. (J.J. Roenigk, Jr. and H.I. Maibach, eds.), pp 519–532, Marcel Dekker, Inc., New York, NY, USA